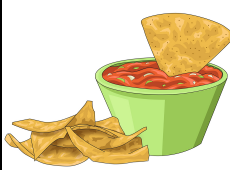


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Walmart: Monday the 14th (9:00 AM) Brampton the Fall Fair: Friday the 18th (11:30 AM) CINEPLEX 		1 Cards & Conversation (BR) 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) Colour & Connect (OB) 1:30 - 2:15 PM Close - Knit Circle (KN) 2:30 - 3:00 PM Good Times & Great Games (CY/BR) 3:30 - 5:00 PM	2 Mini Golf Masters (BR) 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15AM AVO-CUTE Garden (TH) 1:15 - 3:00 PM Luxury Bingo Happy Hour (BR) 3:00 - 5:00 PM	3 Bible Devotional: Psalm 121(TD) 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:30- 2:30 PM Don't Say It! game – Say It Without Saying It! (BR) 3:30 - 4:30 PM	4 Book Club (BC) Colour & Connect (OB) 9:15 - 10:15 AM Seated Zumba (FC) 10:30- 11:00 AM Amigo Bingo Time (RR) 1:30 - 2:30 PM Garden Friends Club (TH) 2:45 - 3:30 PM Stick by Number (BR) 4:00- 5:00 PM	5 Dominoes (BR) 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Summer Bingo Time (RR) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 4:30 PM
6 TV Exercise (FC) 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (RR) 10:15 - 11:15 AM Autumn Basketball Bash (FC) 1:15 - 2:00 PM Popcorn & Movie Time (RR) 2:00 - 4:00 PM	7 Daily Leisure Activities (BR) 9:30 - 10:15 AM Garden Friends Club (TH) 10:30-11:30 AM Step Up & Stay Fit (FC) 1:30 - 2:00 PM Bingo "X" (RR) 2:15 - 3:00 PM Eat an extra Dessert!! (CK) 3:00 - 5:00 PM Labor Day	8 Morning Mass (RR) 9:45 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) Colour & Connect (OB) 1:30 - 2:15 PM Close - Knit Circle (KN) 2:30 - 3:00 PM Giant Chutes and Ladders (BR) 3:30 - 5:00 PM	9 Healthy Aging with Nutrition (RR) 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15AM Grandparents Shelfie Stars (TH) 1:15 - 3:00 PM Holy Guacamole Happy Hour! (BR) 3:00 - 5:00 PM	10 Rummy (BR) 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:30- 2:30 PM Color Me Happy! – Brightest Outfit Wins! (BR) 3:00 - 4:30 PM	11 Book Club (BC) Colour & Connect (OB) 9:15 - 10:15 AM Yoga (FC) 10:30- 11:15 AM Oak Tunes: Let's Sing Together (RR) 1:30 - 2:30 PM Amigo Bingo Time (RR) 2:30 - 3:15 PM Stick by Number (BR) 3:30 - 4:30 PM	12 Rummy (BR) 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Summer Bingo Time (RR) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 4:30 PM
13 TV Exercise (FC) 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (RR) 10:15 - 11:15 AM Fall Volley Challenge!! (FC) 1:15 - 2:00 PM Popcorn & Movie Time (RR) 2:00 - 4:00 PM Grandparents Day	14 Daily Leisure Activities (BR) 9:30 - 10:15 AM Garden Friends Club (TH) 10:30-11:30 AM Step Up & Stay Fit (FC) 1:30 - 2:15 PM Bingo "X" (RR) 2:30 - 3:15 PM Social and games day (CY/BR) 3:30 - 4:30 PM	15 Cards & Conversation (BR) 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) Colour & Connect (OB) 1:30 - 2:15 PM Close - Knit Circle (KN) 2:30 - 3:00 PM Good Times & Great Games (CY/BR) 3:30 - 5:00 PM	16 Mini Golf Masters (BR) 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15AM Purple Memories: Art for Awareness (TH) 1:15 - 3:00 PM Celebrating Our Ashley Oaks Grandparents with Catherine (BR) 3:00 - 5:00 PM	17 Flip 7 (BR) 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:30- 2:30 PM Don't Say It! game – Say It Without Saying It! (BR) 3:30 - 4:30 PM	18 Book Club (BC) Colour & Connect (OB) 9:15 - 10:15 AM Tai chi (FC) 10:30- 11:15 AM Amigo Bingo Time (RR) 1:30 - 2:30 PM Garden Friends Club (TH) 3:00 - 3:30 PM Stick by Number (BR) 4:00- 5:00 PM	19 Dominoes (BR) 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Summer Bingo Time (RR) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 4:30 PM
20 TV Exercise (FC) 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (RR) 10:15 - 11:15 AM Autumn Basketball Bash (FC) 1:15 - 2:00 PM Popcorn & Movie Time (RR) 2:00 - 4:00 PM	21 A Walk Down Memory Lane (RR) 9:30 - 10:15 AM Daily Leisure Activities (BR) 10:30-11:30 AM Step Up & Stay Fit (FC) 1:30 - 2:00 PM Bingo "X" (RR) 2:15 - 3:00 PM Social and games day (CY/BR) 3:00 - 4:30 PM	22 Cards & Conversation (BR) 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) Colour & Connect (OB) 1:30 - 2:15 PM Close - Knit Circle (KN) 2:30 - 3:00 PM Cucumber boats!! (CK) 3:00 - 5:00 PM Autumn Begins	23 Understanding Alzheimer's Disease and Dementia (RR) 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15AM Paint the Town Oktoberfest! (TH) 1:15 - 3:00 PM Luxury Bingo Happy Hour (BR) 3:00 - 5:00 PM	24 Rummy (BR) 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:30- 2:30 PM October Activities Calendar Presentation (RR) 3:30 - 4:30 PM	25 Book Club (BC) Colour & Connect (OB) 9:15 - 10:15 AM Seated Zumba (FC) 10:30- 11:00 AM Cup Challenge Game (BR) 1:30 - 2:30 PM Amigo Bingo Time (RR) 2:30 - 3:15 PM Stick by Number (BR) 3:30 - 4:30 PM	26 UNO (BR) 9:15 - 10:15 AM Fall Vendors Market (BR) 10:00 AM - 4:00 PM TV Exercise (FC) 10:30 - 11:00 AM Retro Car Show 1:00 PM - 4:00 PM Board Game Fun (BR) 3:00 - 4:30 PM
27 TV Exercise (FC) 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (RR) 10:15 - 11:15 AM Autumn Basketball Bash (FC) 1:15 - 2:00 PM Popcorn & Movie Time (RR) 2:00 - 4:00 PM	28 Fresh Air Plaza Walk 9:00 - 10:15 AM Garden Friends Club (TH) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 Bingo "X" (RR) 2:15 - 3:00 PM Social and games day (CY/BR) 3:00 - 4:30 PM	29 Morning Mass (RR) 9:45 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) Colour & Connect (OB) 1:30 - 2:15 PM Close - Knit Circle (KN) 2:30 - 3:00 PM Giant Chutes and Ladders (BR) 3:30 - 5:00 PM	30 Mini Golf Masters (BR) 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15AM Resident Townhall (RR) 2:30- 3:00 PM * Another Year Around the Sun & Still Shining! (BR) 3:00 - 5:00 PM	Saturday 26th Summer Vendors Market from 10:00 to 4:00 PM Retro Car Show From 1:00 to 4:00 PM Acupuncture: September 11 & 25 Please contact the Recreation Department to book an appointment. Celebrating the love, wisdom, and joy of grandparents!		Grandparents Day

Type the name, address, and other information about your community/company here.